

CENTERING PRAYER 11TH STEP RETREAT

Mercy Center, 2300 Adeline Drive, Burlingame, CA 94010
Friday, October 30, 6:00 PM until Sunday, November 1, 1:00 PM
\$265.00

Centering prayer is a simple method of prayer rooted in ancient Christian practice that opens us to God's presence and divine healing. The practice of Centering Prayer and its spiritual, historical and psychological basis is described in Fr. Thomas Keating's works, including *Open Heart*, *Open Mind* and *Invitation to Love*. Both are suggested readings for retreat participants.

For those who practice the 12 Steps found in AA, Al-Anon, and other 12-Step programs, Centering Prayer supports the process initiated in the practice of the 12 Steps—the process of human transformation.

For those new to Centering Prayer, this retreat includes an introduction to Centering Prayer and its use as the 11th Step practice.

For those familiar with Centering Prayer, this retreat offers a time to deepen one's practice (through additional sittings) and integrate it more fully with 12-Step work.

The retreat includes: Centering Prayer periods each day; introductory sessions for those new to Centering Prayer; some videotape presentations by Fr. Thomas Keating which were specifically designed for this retreat/workshop; group process and discussion; 12 Step meetings.

Prerequisites: 12 Step experience and a willingness to gain prayer and meditation experience. To register, please call 650-340-7454 or visit www.mercy-center.org.

ORGAN CAMPAIGN: To date, we have gifts totaling over \$37,000. You may make a pledge by contacting the church office or make a donation now by sending a check to the church office or leaving it in the collection plate (specify "Organ Campaign"). Envelopes are at the back of the church.



❖ WELCOME TO ST. CLEMENT'S ❖

If you are visiting today please introduce yourself to us and complete one of the cards on the back of the pew. This may be placed in the offering plate, given to an usher, or handed to the clergy. If you have questions about the order of service, please ask your neighbor in the pew. We hope you will join us for coffee next door in Palache Hall. Help yourself to a name tag on the kiosk.

Childcare for Infants and Toddlers is available in the nursery upstairs in Palache Hall, first door on the left. **Sunday School** has ended for the summer and will resume on September 20. Children are invited to worship with their families for the entire church service.

SERVING TODAY

Altar Guild	Frances Morgan, Laurie Joseph
Ushers	Peter Harvey, Gardner Smith, Richard Sproul
Acolytes	Molly Rossmann, William Hoyt, Cece Andrews
Lay Readers	Janet Salsman (8:00) Rizel Samson, Kathy Burns (10:00)
Eucharistic Ministers	Daniel Saulsbury (8:00) Karen McMahon, Rizel Samson (10:00)
Coffee Hosts	Dian Gillmar, Mitzi Francis, Nauvelene Blaisdell

PRAYER LIST

In Our Parish: Daisy, Mandy, Brian, John, Burrill, Ginny, Alyce

Friends & Loved Ones: Katie, Barbara, Ned, Jean, Evelyn, Bunk, Lee, Brad, Oliver, Ruth, Jim, Jessica, Josie, Curtis, Jill, Joanne, Matthew, Judd, Tom, Ginger, Norma, Michael, Zareh, Nick, Joan, Eric, Fran, Jimmy, Patty, Caritina

Diocesan Cycle of Prayer: Next Door; Department of Youth and Young Adult Ministries; The Center for Ministry

Departed: Eleonore Gräfin von Waldburg zu Zeil und Trauchburg

PRAYER REQUESTS

You may submit prayer requests by filling out a form found at the church entrances. Place them in the offering plates, and they will be given to the clergy.

THE ALTAR FLOWERS are given by the family of Harry Thayer, whose memorial service takes place this afternoon at 2:00 PM.

CALENDAR FOR THE WEEK

Sun.	Sept. 6	8:00 AM	Holy Communion
		10:00 AM	Holy Eucharist
		2:00 PM	Memorial Service for Harry Thayer
Mon.	Sept. 7		Church Office closed
Wed.	Sept. 9	8:30 AM	Tai Chi
		9:30 AM	Staff Meeting
		11:30 AM	Holy Communion
		4:00 PM	Junior Choir Rehearsal
		5:00 PM	Pizza Club
		7:30 PM	Theology Roundtable
Thur.	Sept. 10	7:30 PM	Adult Choir Rehearsal
Sat.	Sept. 12	11:00 AM	Senior Choir Rehearsal & Lunch
		7:00 PM	Concert for Albany Music Fund
Sun.	Sept. 13	8:00 AM	Holy Communion
		10:00 AM	Rally Day Procession & Holy Eucharist
		11:30 AM	Parish Picnic & Bouncy House

PIZZA CLUB has its first meeting of the season this Wednesday, September 9, at 5:00 PM. All children, grades 3-6, are welcome to attend. Led by Bruce and Salyng, Pizza Club meets once a month in the Conference Room for an hour of conversation, games and food.



PARISH ELECTION for delegates to the Diocesan Convention will be held after the 10:00 AM service on September 20.



RALLY DAY is next Sunday, September 13. Meet in the courtyard at 10:00 AM for the traditional Bagpipe Procession. After the service, there will be a Parish Picnic with a Bouncy House for the children. A barbecue lunch will be provided. Please bring a dessert to share.

SATURDAY CONCERT, September 12, 7:00-8:30 PM, in Palache Hall. Emma Gavenda, harpsichordist, and Jonathan Sandberg, baritone, will perform to raise money for the Albany Music Fund, which is dedicated to keeping music in the Albany Schools. Donations are on a sliding scale, \$20-50.



CHOIR REHEARSALS begin this week.

Junior Youth Choir (3rd-6th grade) meets this Wednesday (3:45 PM snack, 4:00 PM rehearsal).

Senior Youth Choir's first meeting of the year is this Saturday, 11:00 AM-1:00 PM for rehearsal and lunch (future rehearsals take place on Sundays after church).

Adult Choir resumes rehearsals this Thursday, 7:30-9:30 PM. A social time will follow rehearsal this week.

Contact Linda Gavenda in the church office if you are interested in joining any of these choirs!

THE MOVIE GROUP for September will be held at 6:00 PM on Sunday, September 27, at the home of Nina Steidl. The movies to watch are *Ponyu* and *District 9*.

THEOLOGY ROUNDTABLE is working on *The History of the Church*, by Eusebius. Written about 305 AD, the History is easy to read and fascinating. Eusebius pulls together information from the Gospels, Acts, the Epistles, the works of Jewish historian Josephus and Alexandrian philosopher Philo, along with the historical works of the Romans and Greeks, private letters from correspondents, and materials from libraries all over the Near East (almost all now completely lost to us), to provide a coherent narrative of the early history of Christianity. He begins before the creation of the world – for before he does anything else, he must explain the Incarnation to the reader – and ends somewhere around 300 AD. The book is jammed with anecdote and human interest. A real page-turner, too; one can't wait to see what happens next.

The Roundtable meets at 7:30 PM in Palache Hall each month. Our next meeting is September 9, in accord with our usual practice of meeting the second Wednesday of each month. All are welcome at the Roundtable; no background in philosophy or theology is needed to profit from our discussions. For more information, contact Kristor Lawson at 510.841.2028 or kristor@schultzcollins.com.

WRITE A WILL FOR \$75: You may fulfill “the duty of every person to have a will” (Book of Common Prayer, page 445) by making an appointment to meet with an attorney at St. Mark's, Palo Alto on September 19 or St. Mark's, Berkeley on September 26. For an appointment call Shari Gonzales at (415) 869-7813. More information at Make a Will, www.EpiscopalGift.org.
